

EDITOR'S NOTE

Where Will Running Take You?

Running serves many purposes. Our sport can take you along a tranquil limestone path, past rose gardens, or near a rushing creek. It can be an escape from a stressful situation or a journey to a new distance, or both. But it's a journey that we all share and enjoy, even if the workouts and miles sometimes make us achy, tired, and sore.

There's a satisfaction of being disciplined and dedicated to pursuing a goal. This fall, many of you will pursue PRs in distances ranging from a 5K to the grand 26.2-mile foot race. To all of you, "May the wind always be at your back and may the sun shine warm upon your face."

Since 2009 when I moved here from Chicago and took over this helm, I jotted down a few editorial goals for the *Washington Running Report*. They included: change to a glossy format; solidify as the must-read running resource; and increase coverage from local contributors and photographers. I wanted top-notch runners who deserved (but seldom get) mainstream media coverage to get recognition they deserved. And I wanted to foster a balance that highlights the mid-pack runners who have contributed to the major growth of road racing. Those goals have been met.

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But once certain goals have been achieved, the time comes to move on and set new ones. So, it is with a smile that I sign off on my last issue as Editorial Director. I've had the joy of meeting many of you at races and worked with a wonderful team. My extended running family here and with the Endurance Sports Media Group has provided me with many blessings.

It's now time to pass the editorial baton to a new team, led by Charlie Ban, who will usher this publication and the media platforms into an exciting new chapter.

In addition to pursuing new writing goals, I promised Running USA's Ryan Lamppa I was going to do a mile race when I turned 50. That's next on my running goal list. Where else will running take me? I'm not sure, but my shoes are on with my laces tied, plus double-knotted. It's sure to be a good ride.

All the best in your training and racing,
Brenda



Photo by www.brightroom.com

Other editorial goals included highlighting topics found in our "Behind the Race Series," which delved into the nitty-gritty of race budgets, the all-important volunteers, and a race director's diary the week prior to race day. This year's series, "Charity Running," has produced amazing stories featuring inspiring individuals (see p.16-20) who are raising funds all while making a difference with each and every step.

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